

Date: December 10, 2010

To:

From: Lois Budd, PSM BCPFF Burn, Plastic Trauma Unit

Re: Mark Lemohr

I am the Patient Services Manager for the BCPFF Burn, Plastic and Trauma Unit at VGH. Mark came to see me to volunteer to do Alternative Therapy on the patients here. I was very impressed with his quiet, calm and professional demeanor and willingness to work with my staff and patients.

To prepare, he developed a flyer for patients, describing what he offered (no touch, non-invasive energy therapy) and what could be experienced from it (relaxation, pain reduction, an increased level of positive energy, an increased level of awareness and a reduction of stress). Mark also gave me a treatment, which I found to be beneficial.

His manner is very gentle and non-threatening and although I have not yet been able to use his services on the unit I am confident that he offers a valuable therapy. I consequently put him in touch with our Adult Burn Survivor Support Group (The Future is Mine) and he was able to participate in a retreat for them.

I have been successful in bring art, music and massage therapy into the unit over the years and am an advanced therapeutic touch practitioner myself. I know first hand that alternative therapies such as these decrease anxiety, pain and stress and are a valuable tool for teaching others how to self manage these concerns.

I would not hesitate to recommend him and if you would like to discuss this further, please feel free to contact me.

Sincerely,

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